

WEEK 1
THURSDAY
CHOICE 1
CHICKEN CURRY AND RICE



WEEKS 1 AND 2
FRIDAY
CHOICE 1
FISH FINGERS AND CHIPS



WEEKS 1, 2 AND 3

WEDNESDAY

CHOICE 1

ROAST DINNER



WEEK 1 THURSDAY
CHOICE 3
TOMATO PASTA BAKE

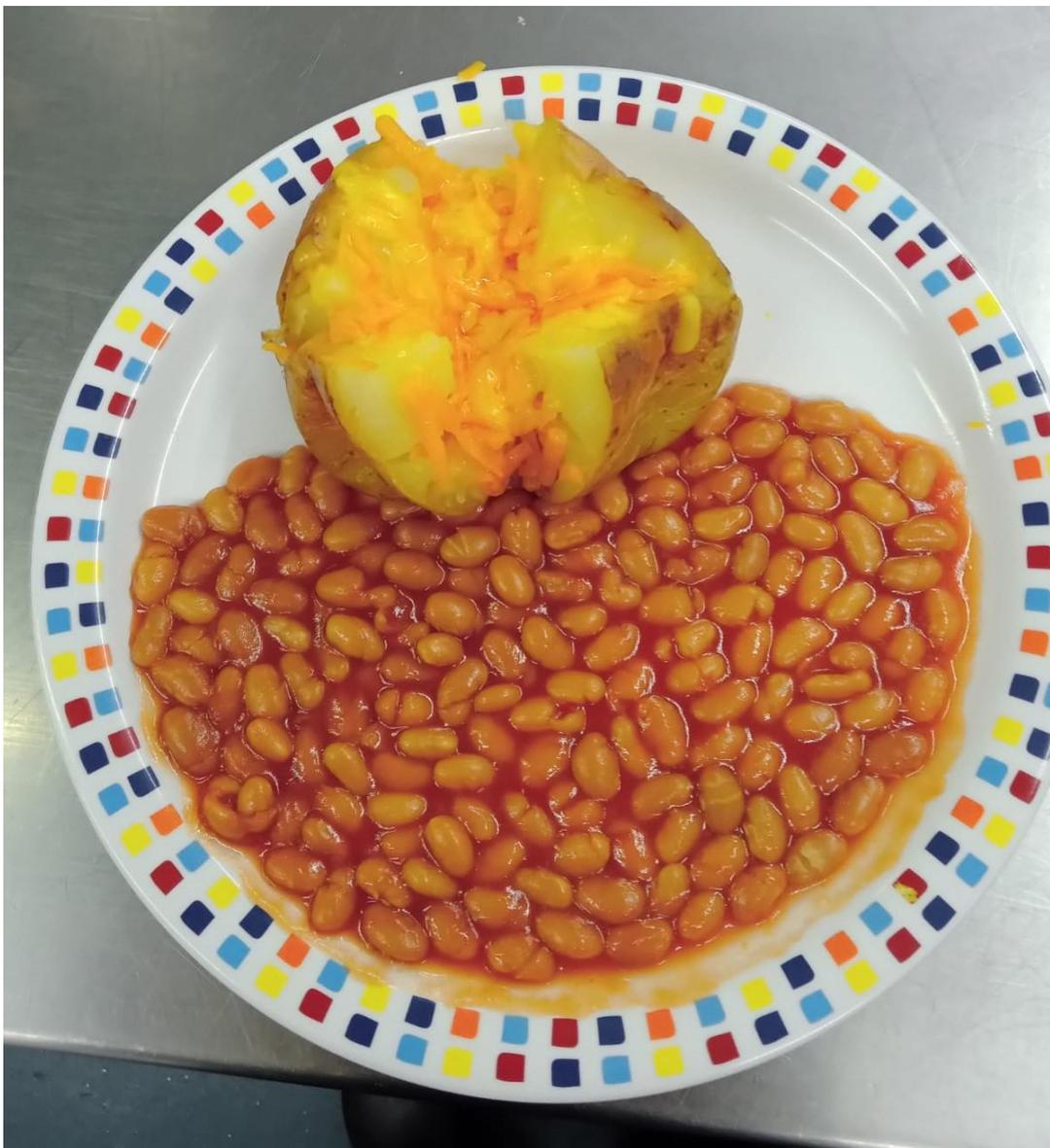


WEEKS 1, 2 AND 3

CHOICE 4 EVERY DAY

JACKET POTATO WITH CHEESE AND BEANS

Also available Just cheese or just beans



WEEKS 1, 2 AND 3

EVERY DAY

CHOICE 4

JACKET POTATO WITH CHEESE



WEEK 1 THURSDAY

CHOICE 2

MR TINDALE'S CREAMY BACON AND LEEK
PASTA



WEEK 1 TUESDAY
CHOICE 1
MINCE AND DUMPLINGS



WEEKS 1, 2 AND 3

EVERY DAY

CHOICE 4

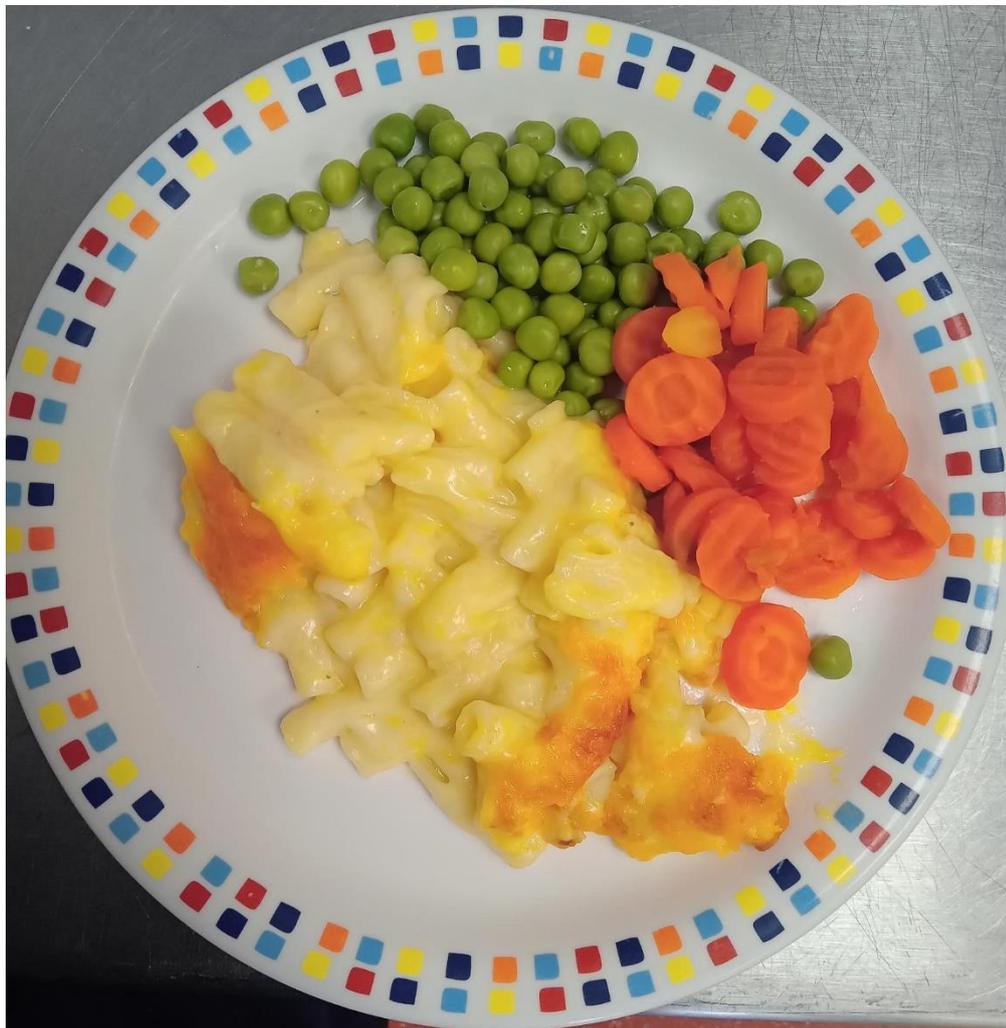
JACKET POTATO WITH TUNA



WEDNESDAY WEEK 1

CHOICE 3

MACARONI CHEESE



TUESDAY WEEK 1
CHOICE 2
MEATBALLS IN GRAVY



TUESDAY WEEK 1
CHOICE 3
CHEESY BEAN WRAP



MONDAY WEEK 1

CHOICE 1

CHEESE AND TOMATO PIZZA



FRIDAY WEEK 1

CHOICE 2

VEGGIE PAELLA



MONDAY WEEK 1
CHOICE 3
CREAMY TOMATO PASTA



MONDAY WEEK 1

CHOICE 2

VEGETABLE AND RICE BURRITO

WEDNESDAY WEEK 1

CHOICE 2

SWEET CHILLI CHICKEN NOODLES

