

SS Peter and Paul Catholic Primary School



Personal, Social, Health and Economic (PSHE) Education Policy

Date:	October 2023
Review Date:	October 2024

PSHE Policy

Rationale:

At Ss Peter and Paul we encourage all children to learn, enquire and grow in a safe and inclusive and nurturing environment. Ss Peter and Paul is a happy vibrant school where diversity and individuality are celebrated. We are passionate in our pursuit of excellence in all aspects of school life. We nurture and inspire children to develop confidence and resilience in an environment where efforts are valued and all children flourish. PSHE supports our mission statement, ***'Together with the spirit we will create an oasis where every child matters'***, it is underpinned by 1. Gospel Values including respect, compassion, acceptance and forgiveness. 2. British Values to promote and encourage open and respectful discussions about democracy, the rule of law, individual liberty and mutual respect and tolerance. 3. Protected Characteristics to promote and uphold the Equality act 2010 and the protected characteristics it covers. Discrimination, harassment or victimisation based on age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex or sexual orientation.

Personal, social, health and economic education (PSHE) helps to give pupils the knowledge, skills, attitudes and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens. At Ss Peter and Paul, PSHE is at the heart of every school day and is an integral part of the whole curriculum. We believe that the promotion of health and wellbeing, managing feelings and relationships, respect and support of our community and modern British Values will make vital tools for our pupils' development in later life. We take very seriously the responsibility that schools have to provide a broad and balanced curriculum, which is tailored to the needs of each cohort.

Definition - PSHE: Personal, Social, Health and Economic Education:

PSHE is a planned programme of learning opportunities and experiences that help children and young people grow and develop as individuals and as members of families and communities. It helps to equip them with knowledge, understanding and practical skills, appropriate to their age and maturity, in order to live healthy, safe, fulfilled and responsible lives. PSHE also enables children and young people to reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future. In short, PSHE makes a significant contribution to children and young people's personal, spiritual, moral, social and cultural development and the ability to understand and reflect upon British Values, such as inclusion, acceptance and honesty' and the Protected Characteristics mentioned above. (National PSHE CPD Programme, 2015, Babcock 4S & University of Roehampton)

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.'

DfE 2020

PSHE is a non-statutory subject although the Relationships and Health Education aspects of the curriculum became statutory for all schools from September 2020. We have updated our Programmes of Study for PSHE education to support our children and integrate the statutory

content into broader PSHE programmes of study. We have embedded Ten:Ten and Kapow into our curriculum.

Aims:

Ten:Ten Life to the Full is a Relationships and Health Education curriculum programme underpinned by a Christian faith understanding that our deepest identity is as a child of God – created, chosen and loved by God. Additionally, Kapow aims to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society.

We aim to provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community. Our children are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning.

Pupils reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They learn to understand and respect our common humanity; diversity and differences so that they can appreciate empowering values and go on to form effective, fulfilling relationships that are an essential part of life and learning.

Learning Outcomes:

Our PSHE/RSHE programmes will support the development of the skills, attitudes, values and patterns of behaviour, which enable pupils to:

- to develop spiritually, morally, socially and culturally;
- to know and understand what is meant by a healthy lifestyle;
- to be aware of safety issues;
- to understand what makes for good relationships with others;
- to have respect and have value for themselves and others;
- to understand and manage their emotions;
- to be thoughtful and responsible members of their community and their school;
- to acknowledge and appreciate difference and diversity;
- to become positive and active members of our democratic society;
- to develop self-confidence and self-esteem and self-responsibility;
- to make informed choices regarding personal and social issues;
- to develop good relationships with other members of the community;
- to have opportunities to consider issues which may affect their own lives and/or the lives of others; to learn to make informed choices.

Working closely with the parish to form strong community links; throughout the year children carry out fundraising activities to promote awareness of the needs of others both locally, nationally and internationally. We want our children to take a responsible role in society, this includes developing the children's understanding of their personal safety and the process by which they can seek help and information as well as learning the behaviour expected of them. As a Catholic school we

develop a respect for God and each other in accordance with the ethos of the school community and the teachings of the Gospel.

Teaching and Learning:

We use a range of teaching and learning styles to meet the PSHE/RSHE requirements of the National Curriculum. We emphasise active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of tasks that promote active citizenship, e.g. charity fundraising, the planning of special school events (such as enterprise events), or involvement in helping other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able, through discussion, to set agreed classroom rules of behaviour, and resolve any conflicts. We offer children the opportunity to hear visiting speakers, such as health workers, police and local clergy, whom we invite into the school to talk about their role in creating a positive and supportive local community. Focus weeks are part of the school curriculum which put an emphasis on PSHE e.g. 'Staying Safe' week, 'Healthy' week, Internet Safety week and Mental Health Awareness week.

The Organisation of PSHE within the school:

At Ss Peter and Paul PSHE/RSHE is taught one lesson per week. The PSHE/RSHE education programme, Kapow and Ten:Ten is taught within a safe and supportive learning environment, where established ground rules allow young people to develop the confidence to ask questions, challenge the information they are offered, contribute their own experience, reflect on opinions, and put what they have learned into practice in their own lives. PSHE lessons help to embed the school aims, values, behaviour, and safeguarding principles. PSHE is integral to every school day and outside of the main curriculum the following add value to children's PSHE within the wider school context:

- Teaching through and in other subjects
- Educational visits
- Residential experiences
- Sports teams
- School council
- Invited visitors
- Mentoring and Buddying
- Work with vulnerable students
- Whole school events
- Pastoral care and guidance on a daily basis as questions and incidents arise.

Questions asked by pupils will be answered in a way that is appropriate to their age, maturity, understanding and need. Correct vocabulary for terms will generally be used during PSHE lessons, in line with all other curriculum subjects. Often questions will be addressed to the whole class, but should the need arise questions may be answered on an individual or small group basis. Professional judgement will be applied here; this will support the school safeguarding policy and school will liaise with the pupil's family appropriately.

Kidsafe:

Each year group participates in the 'Kidsafe' programme delivered to them by a trained member of staff (Mrs Hulley). The Kidsafe programme is an age appropriate, specialised child protection

/ safeguarding programme that is delivered to children without shattering their innocence. It is designed to protect, educate and empower children. With the help of a puppet, KS, the course is uniquely designed to help children take an active role in protecting themselves from all forms of abuse. The sessions include:

- Building trust and feelings.
- Bullying, saying “no” and trusted adults.
- Computer/internet safety, cyberbullying prevention.
- Keeping our bodies and private places safe.
- Parents/carers arguing- course evaluation.

The content of the programme is available to be seen by parents both during a parent workshop at the beginning of the programme and on request.

SEN / Equal Opportunities / Inclusion / Diversity:

All the children at Ss Peter and Paul receive a broad and balanced PSHE curriculum, regardless of their age, gender, ability or cultural origin. Teaching is differentiated to consider children's differing abilities and learning styles.

Assessment, Reporting and Recording:

The process of assessment has a positive impact on young people's self-awareness and self-esteem, and there are opportunities to record learning and progress each lesson and over a unit of work in different ways. Pupil's learning will be assessed through; class question and answer, discussion, group work, peer assessment, self- assessment and marking.

Monitoring and Evaluation:

The PSHE/RSHE coordinator will monitor the planning, teaching and learning of PSHE education regularly. Planning will be monitored termly, and observations of teaching will take place in accordance with the respective schools monitoring cycle. Feedback will be given to teachers. The schemes of work and policy will also be reviewed according to the review cycle.

Parent/Carer involvement:

We believe it is important to have the support of parents/carers and the wider community for the PSHE/RSHE curriculum. Parents/carers are provided with opportunities to find out about and discuss the schools' programme through:

- Information leaflets/displays
- The school website
- The school newsletter
- Annual consultation

The use of external contributors:

External Contributors, e.g. Governors, school nurses, community police, fire officers, local experts, parents, local and/or national charities, and PSHE based production groups can make a valuable contribution to the PSHE and RSHE programmes of study. Their input is carefully planned and monitored so as to fit into and complement the programme. External contributors are used where this adds 'additional' value to that of a school member of the teaching staff. Teachers are always present during these sessions and remain responsible for the delivery of PSHE, safeguarding and ensuring that PSHE ground rules are in place.

Confidentiality and Child Protection:

PHSE at times can cover sensitive subjects where issues may be raised that do not get discussed in other school lessons. St Peter and Paul RC Primary School believe that confidentiality rules should be explained in regards to these lessons. Outside speakers will be informed of the school's Confidentiality policy and will be required to abide by it. As a general rule, students will be encouraged to speak freely and confidentiality will be maintained. However, if the teacher believes that a child is at risk or in danger then they will follow the Child Protection Policy and speak to the Designated Safeguarding Lead. Students will be made aware of these guidelines before the session begins. The young person will be aware of what action has taken place and will be supported through the process. Please refer to the Confidentiality and Child Protection Policy for more details.

Links with other policies:

This policy relates to all other policy documents concerning the curriculum and should be read in conjunction with the school's policies on:

- Relationships, Sex and Health Education Policy
- Safeguarding and Child Protection Policy
- Anti-bullying Policy
- Behaviour Policy
- British Values Policy
- E-safety Policy

Signed:

Chair of Governors

Signed:

Head Teacher

