



Ss Peter and Paul Catholic Primary School

Physical Education (PE) Curriculum

PE at Ss Peter & Paul Catholic Primary School aims to develop the knowledge, skills and capabilities necessary for mental, emotional, social and physical wellbeing in our children now and for their future. Physical fitness is an important part of leading a healthier lifestyle. It teaches self-discipline and that to be successful you must work hard, show resilience and have the determination to believe that anything can be achieved.

Intent

To enable our pupils to have a thirst for knowledge, a toolkit of skills which links all of the curriculum and an aspirational approach to the future, all of which are underpinned by Gospel Values.

It is our intent at Ss Peter & Paul Catholic Primary School to teach children life skills that will positively impact on their future. We aim to 'create positive relationships with physical activity for life.'

We want to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness of play to embed life-long values.



With the support of our new online programme, Jasmine from Create Development, we will allow each child to focus on six 'learning cogs'. The cogs are:

- Applying Physical
- Social
- Personal
- Health and Fitness
- Cognitive
- Creative

For children to be functioning at their best, all six cogs need to work together in unison. The Jasmine platform will support staff and children in four key areas of the PE curriculum.

We also aim to deliver high-quality teaching and learning opportunities that inspire all children to succeed in a variety of physical activities.

Implementation



Pupils at Ss Peter & Paul Catholic Primary School participate in weekly high quality PE and sporting activities from class teacher and fully qualified PE coaches. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses.

We provide opportunities for all children to engage in extra-curricular activities after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being. identify a range of ways to report concerns about content and contact.

Impact

Our curriculum aims to improve the wellbeing and fitness of all children at Ss Peter & Paul Catholic Primary School, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness.

Our impact is therefore to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.



Each year group has a curriculum map and progression of skills document. These can be viewed by clicking the links below.

Real PE documents

[Curriculum Map EYFS](#)

[Curriculum Map Year 1](#)

[Curriculum Map Year 2](#)

[Curriculum Map Year 3](#)

[Curriculum Map Year 4](#)

[Curriculum Map Year 5/6](#)

[FUNS-Fundamental Movement Skills Progression of Skills](#)

[real PE Progression of Skills](#)

Grassroots Documents

[Grassroots Basketball Progression of skills](#)

[Grassroots TAG Rugby Progression of skills](#)

[Grassroots Hockey Progression of skills](#)

[Grassroots Gymnastics Progression of skills](#)