

## KS1

## ASH WEDNESDAY 17 February 2021

Lent is a special time of preparation for Holy Week and Easter – the most important feast of the Church's year. Lent starts on Ash Wednesday and the day before that is called Shrove Tuesday. 'Shrove' means being forgiven for wrong-doings. Another name for Shrove Tuesday is Pancake Day. Traditionally it is the day to clear out all the rich ingredients from the cupboard before the start of strict fasting in Lent, using the ingredients to make pancakes. Today we still keep Shrove Tuesday but during Lent we don't have as strict a fast as people used to have.

There are 40 days in Lent starting with 'Ash Wednesday'. Usually people go to church and the priest makes a cross with ashes on each person's forehead, but that may not be possible this year. The ashes are made by burning the palms that were used at Palm Sunday last year. The priest says these words: *Repent, and believe in the Gospel.*

Christians use the opportunities of Lent to make a new start, remembering that Lent is a time to try to follow Jesus' example and become better people. Christians like to make an effort to pray more during Lent or to give something up or do something extra.

The Church uses the colour purple during Lent. The priest will wear purple vestments for Mass during Lent. Purple symbolises penance, a time of reflection on wrongdoing and of the need to choose good. During Lent there are no alleluias said or sung, because they are used at times of rejoicing, not times of penance.

[Repentance is to turn away from sin/wrongdoing. Penance is how we show we are sorry.]

Sometimes ashes can be given in school on Ash Wednesday



You might like to make a Lenten tree, using twigs that are just about ready to burst into leaf. You can hang Lenten promises on the twig showing how you will try to grow and change during Lent.

There are some ideas for each day on the Mission Together Lenten calendar. If you can, look at the other Mission Together resources:



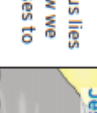
<https://missiontogether.org.uk/calendar/resources-for-lent-2021/>

Or the resources on the CAFOD website

<https://cafod.org.uk/Education/Primary-teaching-resources/Lent-resources-for-children>

# Mission Together Lenten Calendar 2021



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>15 FEBRUARY</b> Decide as a class on your mission this Lent.</p> 	<p><b>16 Shrove Tuesday</b> Pancake day Why do we make Pancakes today?</p> 	<p><b>17 Ash Wednesday</b> Find out why ashes are placed on our foreheads today.</p> 	<p><b>18 Write a Lent prayer.</b> Include the words: pray, share, help, listen, Jesus.</p> 	<p><b>19 With your class, pray and reflect on the first two Stations of the Cross.*</b></p> 	<p><b>20 As a family, pray the Our Father for children in need of help. What else can you do to help?</b></p> 	<p><b>21 Why does the Church use the colour purple in Lent?</b></p> 
<p><b>22 Sunday's Gospel</b> was from Mk 1:12-15.* Read it as a class. What did Jesus say was near?</p> 	<p><b>23 Find out about Mission Together and how you can share God's love with children everywhere.</b></p> 	<p><b>24 Say the Mission Together prayer as a class. 'May all children in the world, share love, share friendship, and live in the peace of God's love, now and forever. Amen.'</b></p> 	<p><b>25 What can you share with someone today? Ask God to help.</b></p> 	<p><b>26 With your class, pray and reflect on the 3rd and 4th Stations of the Cross.*</b></p> 	<p><b>27 Share with a family member three things you have learned about Lent.</b></p> 	<p><b>28 Share any worries you have with Jesus, our God and friend.</b></p> 
<p><b>1 MARCH Sunday's Gospel</b> was from Mk 9:2-10.* Read it as a class. What does God tell us to do?</p> 	<p><b>2 Yesterday was the Feast of St David. What does 'Dydd Gŵyl Dewi Hapus' mean?</b></p> 	<p><b>3 Find out what the word 'sacrifice' means. Then consider what you could sacrifice for someone today.</b></p> 	<p><b>4 Centuries ago 'Lent' used to be the name for 'spring'. Look out for signs of spring today.</b></p> 	<p><b>5 With your class, pray and reflect on the 5th and 6th Stations of the Cross.*</b></p> 	<p><b>6 As a family, pray for those in need this Lent and think of ways you can help them.</b></p> 	<p><b>7 Find a quiet place to be and say a prayer for those who are sick, sad or lonely.</b></p> 
<p><b>8 Sunday's Gospel</b> was Jn 2:13-25.* Read it as a class. Why was Jesus angry?</p> 	<p><b>9 Keep an eye out for someone who needs help today.</b></p> 	<p><b>10 Visit the Mission Together virtual map, choose a country to visit and pray for the children there.*</b></p> 	<p><b>11 Eggs are a symbol of new life. How does this link to Easter?</b></p> 	<p><b>12 With your class, pray and reflect on the 7th and 8th Stations of the Cross.*</b></p> 	<p><b>13 Lent is a special time to say sorry and forgive. As a family, pray for the strength to do both.</b></p> 	<p><b>14 Mothering Sunday</b> Ask God to bless all mums and grandmas.</p> 
<p><b>15 Sunday's Gospel</b> was Jn 3:14-21.* Read it as a class. Who did God send into the world?</p> 	<p><b>16 Make someone smile today and share God's joy with those around you.</b></p> 	<p><b>17 Feast of St Patrick</b> Find out where St Patrick went to share God's love.</p> 	<p><b>18 Tomorrow is the Feast of St Joseph. Find out why he is an important saint.*</b></p> 	<p><b>19 With your class, pray and reflect on the 9th and 10th Stations of the Cross.*</b></p> 	<p><b>20 Tell a family member about the Stations of the Cross and why we pray them in Lent.</b></p> 	<p><b>21 Thank God for all the beautiful things he has created. Pray that you may care for them all.</b></p> 
<p><b>22 Sunday's Gospel</b> was Jn 12:20-33.* Read it as a class. What does Jesus predict?</p> 	<p><b>23 Make a small sacrifice this week and put a coin in your Little Red Box.</b></p> 	<p><b>24 Feast of St Oscar Romero</b> Find out why Fr Romero was made a saint.*</p> 	<p><b>25 Feast of the Annunciation</b> How did Mary's 'yes' change the world?*</p> 	<p><b>26 With your class, pray and reflect on the 11th and 12th Stations of the Cross.*</b></p> 	<p><b>27 Ask a family member to help you discover why palms will be given out at church tomorrow.</b></p> 	<p><b>28 Palm Sunday</b> What did the crowd sing when Jesus entered Jerusalem?</p> 
<p><b>29 Sunday's Gospel</b> was Jn 12:12-16.* Read it as a class. What does it say about hope?</p> 	<p><b>30 Today we remember how Judas made a bad decision. Ask God to help you make good choices this week.</b></p> 	<p><b>31 Today Jesus planned his last supper. Thank God for your food and pray for children who are hungry.</b></p> 	<p><b>1 APRIL Maundy Thursday</b> Why does the Pope wash the feet of others today?</p> 	<p><b>2 Good Friday</b> Sit quietly, be still, and thank Jesus for showing us how to love.</p> 	<p><b>3 Holy Saturday</b> Today we wait as Jesus lies in the tomb. Tomorrow we celebrate as Jesus rises to new life.</p> 	<p><b>Jesus is risen. Alleluia!</b></p> 

Mission Together, 23 Eccleston Square, London SW1V 1NU. 020 7821 9755. [missiontogether@missio.org.uk](mailto:missiontogether@missio.org.uk); [missiontogether.org.uk](http://missiontogether.org.uk); Reg. Charity No. 1056651  
Asterisks refer to abridged scriptures, or accompanying liturgies and activities, all are available on the Mission Together website. Our virtual map is hosted on the home page.