EARLY YEARS ASH WEDNESDAY 17 February 2021

Ash Wednesday marks the beginning of Lent. Usually Christians go to church and a Cross is made on our foreheads with ashes to show that we want to grow more like Jesus. It may not be possible for everyone to go to church this year.

Lent is the Church's season of preparation for the celebration of Easter. It lasts for six weeks or 40 days.

The day before Ash Wednesday is called Shrove Tuesday or Pancake Day. 'Shrove' means being forgiven for the times we get things wrong. Traditionally pancakes were made to clear out all the rich ingredients from the cupboard before the start of strict fasting in Lent. Today we still keep Shrove Tuesday but during Lent we don't have as strict a fast as people used to have.

During the forty days of Lent, Christians are encouraged to try to become more like Jesus by caring, sharing and helping. This helps us to think about other people. Lent is also a special time when we think about Jesus, how he grew in love and we try to grow in love, goodness, kindness and helpfulness like him.

How could you follow Jesus' example by caring, sharing and helping?

Make a Lenten promise card showing how 'I want to grow in love like Jesus by...'

There are some ideas for each day on the Mission Together Lenten calendar. If you can, look at the other Mission Together resources:

https://missiontogether.org.uk/calendar/resources-for-lent-2021/

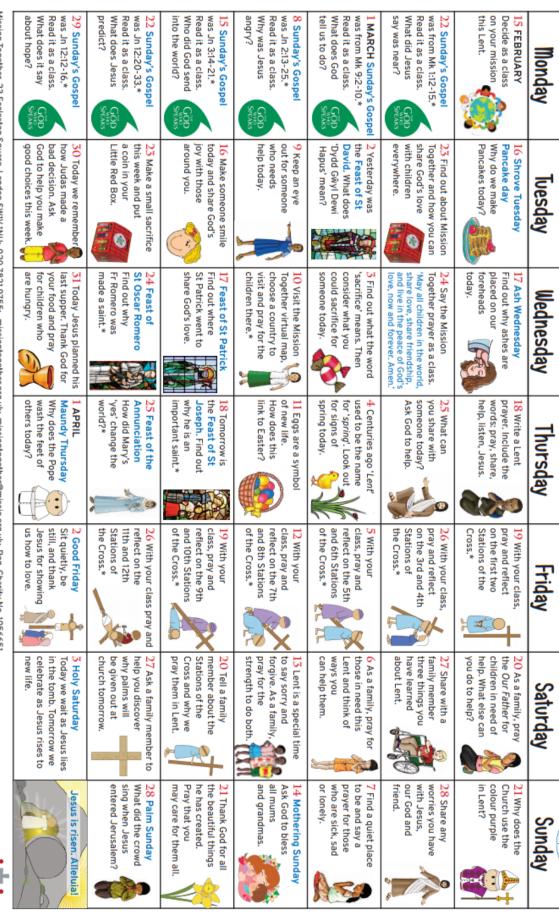
Or the resources on the CAFOD website

https://cafod.org.uk/Education/Primary-teaching-resources/Lent-resources-for-children

Mission Together Lenten Calendar 2021



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Asterisks refer to abridged scriptures, or accompanying liturgies and activities, all are available on the Lent page of the Mission Together website. Our virtual map is hosted on the home page



